

Be a Friend. Be a Befriender.

VOLUNTEER WITH US



I was going through a hard time.
I didn't talk to anyone...

Since I've had a befriender
everything has changed!
I'm a lot happier.
I definitely smile much more!

Young Person, 11 years.



SOUTH AYRSHIRE BEFRIENDING PROJECT

Are you ready to make a difference?
Use the QR Code to fill in an application or
contact us via our Website:
www.bfriend.org.uk or phone **01292 264000**



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Volunteer Befrienders

A Befriender is an adult volunteer who will provide a one to one supportive friendship for a socially isolated young person aged 8-18 who lives in South Ayrshire. This will involve meeting fortnightly for a few hours, sharing time together to make a real difference to the young person's life.

Group Volunteers

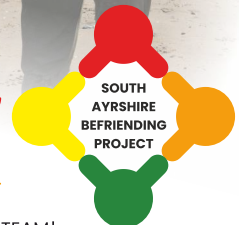
A group volunteer is an adult volunteer who will help us to deliver our group outings and support our young people to take part in the activity. These outings take place at various times and locations throughout the year.

WHAT CAN I EXPECT?

-  **Support from a Project Coordinator**
Comprehensive induction training
-  **Make a difference to a young person**
Expenses covered
-  **Access to further training opportunities**
Learn new skills
-  **Meet new people at social nights**
Expand career opportunities



FOLLOW THE QR CODE TO MEET THE TEAM!



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