

What's on



June 2023 – South Ayrshire

Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or, for those unable to do so should come with a companion who can provide any support for them. We are unable to transport for these groups and therefore it is your responsibility to get to and from this community activity, safely. Please speak to us, so we can support you to explore other transport options.

If you are unsure, or have questions about any of the groups, or have an idea for a new group, please let us know. All contact details are below.

In Person Group		
Thurs 1 June	*NEW GROUP* Carer Well Being Group The Local, Ayrshire Housing, Main St. Ayr	11.00am – 12noon
Mon 5 June	Carer Support Group Tesco Community Space, Whitletts Rd. Ayr	14.00pm – 15.00pm
Tues 6 June	*NEW WEEKLY VENUE* Tuesdays at Millrock & North Shore Stroll Millrock Court, Barassie, Troon. Free parking at North Shore Rd. car park	10.00am – 13.00pm
Wed 7 June	Ayr Pace Setters Health Walk – approx. 2.5 miles Meet at Blackburn Rd. Car park Ayr	11.00am – 12noon
Thurs 8 June	Tea & Blether Tesco Community Space, Ayr	11.00am – 12noon
Mon 12 June	Memory Cafe Portland Church, Troon	13.30pm – 15.00pm
Tues 13 June	Tuesdays at Millrock & North Shore Stroll Millrock Court, Barassie, Troon.	10.00am – 13.00pm
Weds 14 June	Allotment Group Limited places - Booking Essential Troon Allotment Society, Fullerton Woods, Troon Contact Pam 07788253234 PRudge@Alzscot.org to check availability of places on this date.	13.30pm – 15.00pm

Mon 19 June	Carer Support Group Tesco Community Space, Ayr	14.00pm – 15.00pm
Tues 20 June	Tuesdays at Millrock & North Shore Stroll Millrock Court, Barassie, Troon. Free parking at North Shore Rd. car park	10.00am – 13.00pm
Weds 21 June	Nurture through Nature Auchincruive, Ayr Booking required	11.00am – 12.30pm
Mon 26 June	Dementia Advisor Drop In Book & Bun, Newmarket St. Ayr	13.00pm – 15.00pm
Tues 27 June	Tuesdays at Millrock & North Shore Stroll Millrock Court, Barassie, Troon. Music and More St Quivox Church Hall, Prestwick	10.00am – 13.00pm 14.00pm – 15.30pm
Wed 28 June	Allotment Group Limited places - Booking Essential Troon Allotment Society, Fullerton Woods, Troon Contact Pam 07788253234 PRudge@Alzscot.org to check availability of places on this date.	13.30pm – 15.00pm

Contact details for groups:

Carer Well Being Group / Carer Support Group / Dementia Advisor Drop In / Memory Cafe

Email: LRobertson@Alzscot.org Tel: 07585331946

Tuesdays at Millrock / Ayr Pace Setters / Tea & Blether / Allotment Group / Music & More / Auchincruive

Email: PRudge@alzscot.org Tel: 07788253234

Our support and activities are only possible thanks to the donations we gratefully receive. There are many ways to support our groups, please speak to any member of staff detailed above for more details. To make a donation, please consider donating to our local Just Giving page <https://www.justgiving.com/fundraising/alzheimer-scotland-east-south-ayrshire>

