

What's on



July 2023 – South Ayrshire

Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or, for those unable to do so should come with a companion who can provide any support for them. We are unable to transport for these groups and therefore it is your responsibility to get to and from this community activity, safely. Please speak to us, so we can support you to explore other transport options.

If you are unsure, or have questions about any of the groups, or have an idea for a new group, please let us know. All contact details are below.

In Person Group		
Mon 3 July	Carer Support Group Tesco Community Space, Whitletts Rd. AYR	14.00pm – 15.00pm
Tues 4 July	Tuesdays at Millrock Millrock Court, Barassie, Troon	10.00am – 13.00pm
Wed 5 July	Ayr Pace Setters Health Walk – approx. 2.5 miles Meet at Blackburn Rd. Car park	11.00am – 12.00noon
Thurs 6 July	Carer Well Being Group 'The Local', Ayrshire housing, Main St. Ayr *(Cancelled this month due to annual leave, back next month)	11.00am – 12.00noon
Mon 10 July	Memory Café Portland Church, Troon	13.30pm – 15.00pm
Tues 11 July	Tuesdays at Millrock & North Shore Stroll Millrock Court, Barassie, Troon	10.00am – 13.00pm
Wed 12 July	Allotment Group Limited places – Booking essential Troon Allotment Society, Fullerton Woods, Troon Contact Pam 07788253234 PRudge@alzscot.org to check availability of places.	13.30pm – 15.00pm
Thurs 13 July	Tea & Blether Tesco Community Space, Whitletts Rd. AYR	11.00am – 12.00noon
Mon 17 July	Carer Support Group Tesco Community Space, Whitletts Rd. AYR	14.00pm – 15.00pm
Tues 18 July	Tuesdays at Millrock & North Shore Stroll Millrock Court, Barassie, Troon	10.00am – 13.00pm

Wed 19 July	Nurture through Nature Auchincruive, AYR Booking required	11.00am – 12.30pm
Mon 24 July	Dementia Advisor Drop In Book & Bun, Newmarket St. AYR	13.00pm – 15.00pm
Tues 25 July	Tuesdays at Millrock & North Shore Stroll Millrock Court, Barassie, Troon	10.00am – 13.00pm
	Music and More St Quivox Church Hall, Prestwick	14.00 – 15.30pm
Wed 26 July	Allotment Group Limited places – Booking essential Troon Allotment Society, Fullerton Woods, Troon Contact Pam 07788253234 PRudge@alzscot.org to check availability of places.	13.30pm – 15.00pm

Contact details for groups:

Carer Well Being Group / Carer Support Group / Dementia Advisor Drop In / Memory Cafe

Email: LRobertson@alzscot.org Tel: 07585331946

Tuesdays at Millrock / Ayr Pace Setters / Tea & Blether / Allotment Group / Music & More / Auchincruive

Email: PRudge@alzscot.org Tel: 07788253234

Our support and activities are only possible thanks to the donations we gratefully receive. There are many ways to support our groups, please speak to any member of staff detailed above for more details. To make a donation, please consider donating to our local Just Giving page <https://www.justgiving.com/fundraising/alzheimer-scotland-east-south-ayrshire>

