



Dementia: Post-Diagnostic Support App for people with dementia, families and carers.



NHS Ayrshire and Arran has developed a new Dementia: Post-Diagnostic Support App to provide helpful information if you or close family member or friend has received a dementia diagnosis.

This free app provides information about:

- Understanding Dementia
- Managing symptoms
- Healthcare advice
- Making community connections
- Accessing Peer and Carer Supports
- Decision Making
- Understanding your rights

To get the app

Download “ NHS Ayrshire and Arran App” by searching for it in your Apple or Android mobile telephone App store.

With the right help and support, many people can and do live well with dementia for many years. Let us help you to make sure nobody has to face dementia alone.