



BACK IN TIME at Dundonald Castle

10.30am – 11.45am

Each session will be held in the visitor centre (adjacent to the café)

Tea/coffee/cake will be served on arrival.

Contact Pam to book a place **Tel.** 07788 253234 **Email:** PRudge@alzscot.org

DATE	FOCUS
19 th September	Archaeology themed sessionwith opportunity to use air dry clay to recreate thumb pots (or something bigger!)
26 th September	Armour Handling & Heraldry Getting up close to some of Dundonald Castle's armour collections. Talking about Heraldry, how it was used.....with opportunity to design our own crest!
3 rd October	Castle tournaments! Table games challengewith opportunity to challenge your opponent in games of dominoes, ludo, draughts and other timeless favourites.
17 th October	Hands on archaeology! In this session we will be handling some original artefacts and replicas from Roman and Medieval times.
31 st October	Medieval Medicine In this session we will be learning about some of the remedies used and recreating a medieval medicine for ourselves!
7 th November	A step back in time with Liz....

